

Term 1 Timetable 28/01/20 – 09/04/20

Time	Monday	Friday
6.30am	Pilates Studio (Bec)	
7am		Pilates Studio (Bec)
5.30pm	Pilates Studio (Bec)	
6.30pm	Pilates Studio (Bec)	

Class Description

Studio: 4 participants - Mixed equipment class within a group setting. Initial assessment required. Physiotherapist led classes; \$27pp/class, \$40pp/duet, \$90 private. Pilates and Fitness Instructor lead classes \$20pp/class, \$33pp/duet, \$60 private.

Health Fund Rebates: Immediate health fund claiming using HICAPS can only be made for classes lead by a physiotherapist. Other health fund rebates may be available through your health fund e.g., Pilates programs, gym memberships and healthy lifestyle type programs. Please refer to your specific health fund to see what you may be entitled to.